

**MINUTES: Healthy Carolinians of Macon County – Chronic Disease Committee**

**DATE:** January 8, 2009

**PLACE:** Angel Medical Center

**TIME:** 8:30 – 10:00 AM

**ATTENDEES:** Rhonda Blanton, Teresa Breedlove, Sherry Dills, Jennifer Garrett, Michael Grubermann, Larry McDonald, Kathy McGaha, Sherrie Peeler and Roberta Swank

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
Welcome and Approval of Minutes	<p>Teresa Breedlove welcomed everyone to today’s meeting of the Chronic Disease Committee. Ms. Breedlove asked the committee members to review the minutes of the last meeting. Jennifer Garrett motioned for the approval of the minutes. Larry McDonald 2<sup>nd</sup> the motion, with a unanimous vote for approval.</p>		
Review of COPP Feedback	<p>Kathy McGaha led the committee members through a review of the COPP Feedback. Ms. McGaha explained that Mr. Bruckner had turned in a written request to receive this feedback. Ms. McGaha passed out handouts for the committee members to review.</p> <p>The committee members took a few minutes to read over the handouts. Ms. McGaha then asked the committee members for their opinions and comments. The committee members felt even with the feedback that several questions were not adequately answered.</p> <p>Rhonda Blanton also passed out handouts about what Henderson County was doing with their grant money. Henderson County is the nearest grant winner to Macon County.</p>		
Robert Wood Johnson Grant and Regional Obesity Project	<p>Kathy McGaha advised the committee members about an upcoming Robert Wood Johnson Grant and Regional Obesity Project. Ms. McGaha explained about <i>Healthy Kids, Healthy Communities</i>. Ms. McGaha explained that this is a national program whose primary goal is to implement healthy eating and active living policy and environmental change initiatives that can support healthier communities for children and families across the United States.</p>		

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	<p>Ms. McGaha explained that she had contacted John Graeter about applying for this grant as a regional project. Ms. McGaha said she felt Macon would have a stronger chance with this grant in a region instead of by itself.</p> <p>Ms. McGaha said that Mr. Graeter informed her that The Obesity Project Steering Committee had met by phone and agreed to move ahead on submitting a regional application. Ms. McGaha said that MAHEC would be the regional grant applicant. Ms. McGaha told the committee members that she would keep them informed about this project.</p>		
<p>MCPHC Chronic Disease Needs Assessment</p>	<p>Kathy McGaha informed the committee members that a new position had been created at the Health Department. This position is for a health education specialist.</p> <p>Ms. McGaha explained that this position will allow the health department to offer more comprehensive health promotion and chronic disease prevention education classes and services to residents of Macon County.</p> <p>Ms. McGaha explained to help determine what classes and services that might be covered by the person in this position, a survey had been developed. Ms. McGaha stated that Jennifer Hollifield was going to pass this survey out for the committee members to complete. Since Ms. Hollifield is not here today, Ms. Blanton will assist Ms. Hollifield in emailing these surveys out to the committee members.</p>	<p>Jennifer Hollifield will email the Chronic Disease Surveys out to the committee members.</p>	
<p>Next Project?</p>	<p>Kathy McGaha asked the committee members to bring ideas and suggestions for this committee's next project to the next meeting. If you cannot attend the next meeting, Ms. McGaha asked the committee members to email their suggestions to her.</p>	<p>Kathy McGaha asked the committee members to bring their ideas and suggestions for this committee's next project to the next meeting.</p>	

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Other Items for Discussion	<p>Other Items for Discussion were:</p> <ul style="list-style-type: none"> <li>▪ Rhonda Blanton informed the committee members about a grants initiative that had been sent to the FHS Athletic Boosters Club. Ms. Blanton passed out handouts on <i>A+ fit school – A Designation and Grants Initiative</i>. The committee members reviewed the handouts. Ms. McGaha suggested that since the deadline is so soon, to consider this for next year.</li> <li>▪ Jennifer Garrett informed that committee members that four schools had signed up to use the Tri-Fit equipment during the time period that Macon County has it. Ms. Blanton informed the committee members that Ms. Hollifield also intends to set up a time for this committee to use this equipment.</li> <li>▪ Jennifer Garrett informed the committee members that training for the upcoming Tar Wars program would be conducted on February 18<sup>th</sup> at 2:00 PM at Franklin High School.</li> </ul>		
Next Meeting Date	The next meeting of the Chronic Disease Committee will be held on Tuesday, February 3 <sup>rd</sup> , from 8:30 – 10:00 AM in the ICU Conference Room at Angel Medical Center.		